



*"If we are facing the right direction,
all we have to do is keep walking"
~ Zen proverb*

Suboxone is not a complete fix for opiate recovery.

*The combination of medication with
psychosocial group treatment allows
for long term success.*

(The National Institute on Drug Abuse)

- Provides positive peer support
- Assists in reducing isolation
- Helps to sustain motivation
- Helps to replace negative activities with constructive habits
- Assists with improving tolerance and decreasing frustration
- Equips individuals with skills to rebuild healthy supportive relationships

*By utilizing evidence based
strategies; treatment becomes
more inclusive and allows for
greater individual control of
one's journey to recovery.*

Strategies employed include:

Cognitive Behavioral Therapy

- A well-established and effective part of substance abuse treatment
- Assists individuals to replace negative thought patterns in exchange for healthy habits
- Allows individuals to develop effective coping mechanisms

Motivational Interviewing

- Measures desire to change and assists individuals in reflecting on changes already made

Advanced Counseling Solutions, LLC has been operational since 2003; assisting individuals to achieve the highest quality of life functioning possible. We take pride when individuals succeed and benefit from engaging in the therapeutic process.

Program Director

Jaymi Wendt, MSW, LISW-S

has extensive experience in treating individuals with opiate addictions and co-occurring mental health disorders.

Contact Us

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